

Get your voice heard

coramVoice)))
getting young voices heard

Do you want to have a say in the decisions being made about your life?

Do you feel you're not being listened to?

Then contact an advocate!

An **advocate** can....

- Give you information and advice so you understand your rights
- Make sure people listen to you and know what's important to you
- Help you speak out at your reviews or other meetings

We're here to help!

Freephone: 0808 800 5792

Email: help@coramvoice.org.uk

Website: www.coramvoice.org.uk



We're here to help!

Coram Voice advocates are independent and here just for you

We do not work for your social worker or the place where you live

If you want help to tell people what is important to you, get in touch

You can ask someone you trust, like your social worker or carer, to call for you

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**We will help you get
your voice heard!**

